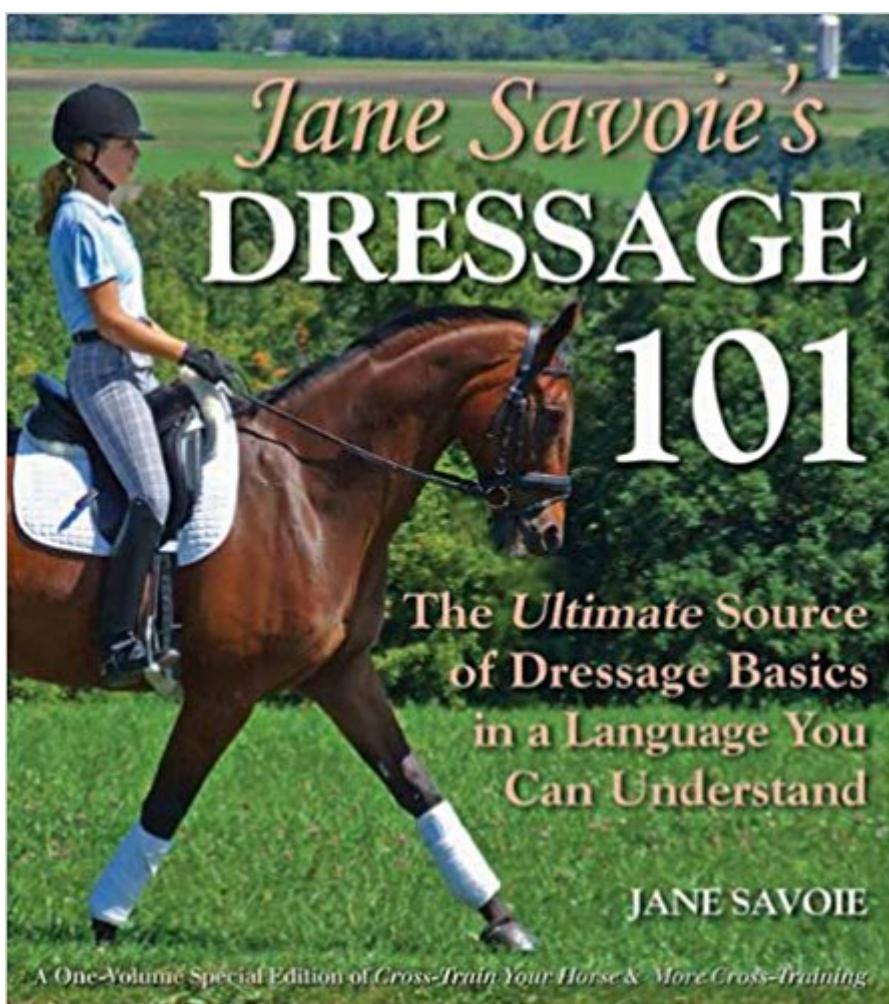


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# Jane Savoie's Dressage 101: The Ultimate Source Of Dressage Basics In A Language You Can Understand



## Synopsis

"First published in two volumes: Cross-train your horse and More cross-training in 1998"--T.p. verso.

## Book Information

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## Customer Reviews

"This massive book doesn't merely provide tips for success, but rather a whole plan for how to develop your dressage skills and your horse's performance from beginning to end."

Horsemen's Yankee Pedlar (August 30, 2011)"Clear and concise, Dressage 101 gives you the basic tools to communicate with your horse and develop his body and movements. Whether you plan to continue your dressage schooling or you're heading for the nearest hunter ring or cross-country course, the book will help you and your horse get there with grace, beauty and athleticism." Practical Horseman

Jane Savoie is the author of many dressage titles, including "Cross-Train Your Horse" and "That Winning Feeling"! She was the reserve rider for the bronze medal-winning dressage team in the 1992 Barcelona Olympics and has won nine Horse of the Year awards as well as three National Freestyle Championships. She divides her time between Berlin, Vermont, and Wellington, Florida.

I am new to dressage and have read many books on the subject, most which seem to complex. This book is straight forward. It is easy to understand, progressively building upon principles and exercises. The pictures are helpful and explanation of aids is easy to understand and apply. This book may be too basic for someone already familiar with dressage, but would be a good outline for

the experienced dressage person to use to brush up on technique or work a new horse through the levels.

Jane Savoie is wonderful and this is a great go-to book to explain dressage principles for people beginning their dressage journey, as well as those more experienced who want to go back and think and read about the basics from time to time. This book addresses everything from the very basic fundamentals, to troubleshooting more difficult movements (up through about fourth level). My copy is well-read and I've bought 2 to give as gifts for friends as well.

This book is extremely clear in explaining so many things that I do on a intuitive level. I learned to do dressage as a teen when there were no books around to explain things. We learned from instructors. My instructor only came once a month as he came for a weekend clinic from 5 hours away. So my time with him was very limited. After reading this book, I have increased my vocabulary and have much deeper understanding of the whys and hows than I ever did. This is an excellent companion to anyone learning dressage. It gives a very rich explanations, concrete info for left brain learners, and excellent analogies to really help with understanding. This book would be great homework to pair with lessons. It gives an excellent intellectual understanding to help a rider to ask the right questions in lessons so she can develop a feel for the movement. Highly recommended to novices and anyone who wants to increase the depth of their understanding and increase their ability to describe their riding experience. I am a middle aged rider returning to dressage after many years. I had ridden through second level as a teen living in LA....lower Alabama. :-) This is a reference that I will return to over and over as I train.

This book is so necessary when I lost my first copy, I purchased another. Even with an instructor it helped me learn so much more. Between the explanation, pictures and illustrations it's a no brainer. If you have ridden a while but are struggling with a specific movement, I'm sure you can refine your riding skills with this book. Jane not only communicates with horses but people as well. I am in Training level and recently without a trainer. This book keeps me going until I can find the right trainer. If I could only have one book on dressage at this stage, it would be "Dressage 101."

This is an awesome compilation of material from Jane Savoie in an easy-to-read and understand format. The photographs and diagrams are SO helpful to understanding the content. I've already recommended this book to several beginners and have also recommended to seasoned riders as a

refresher/reference book.

This book is exactly what I needed! Jane Savoie really breaks things down so that a beginning dressage student or even a seasoned veteran can fully utilize her training expertise and guidance. Everything in this book is presented in a logical manner with clear instructions and illustrations/pictures. I have yet to come across anyone who has been able to break things down for me the way Ms. Savoie has! I've even gone on to purchase her training videos, "Riding in Your Mind's Eye" and "The Half Halt - Demystified", paired with her Dressage 101 book they are the greatest tools to help break down what I need to do, and how I need to do it. They have even helped me better understand my instructor and what she wants of me and horse! I've read other dressage books, and while they are good too, Ms. Savoie's Dressage 101 is the best and needs to be a part of your dressage and/or eventing library! I highly recommend this training book! Other books that go well with this one are:- The USDF Guide to Dressage by Jennifer Bryant- 50 5-Minute Fixes to Improve Your Riding by Wendy Murdoch Other dressage reads to consider:- Dressage Unscrambled by Bill Woods (not a "training" book or "how to" book but a fun dressage read!)- Dressage Formula by Erik Herbermann (a bit on the advanced/theory side, and a heavier read, but great book to understand dressage concepts)

Great book for any equestrian's library. Whether you are just starting on your Dressage journey or have been on the path for many years, you will find valuable information contained within this book's pages.

I ride hunter jumpers and this book is extremely relevant to this style of riding. Jane Savoie is a master at explaining things in a way that is easy to understand and gives great visual cues. I'm reading this book very slowly so that I don't miss anything and highlighting along the way. I've already put several of her suggestions into practice successfully and am seeing changes in myself as well as the horse I ride regularly. I wish I had bought this book sooner!

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